

Guard Your Heart!  
Proverbs 4:23  
June 12, 2022

Proverbs 4:23 (NIV)  
Above all else, guard your heart, for everything you do flows from it.

Think of your heart as the command-and-control center of your life; or, think of it as the core of your innermost being from which all your thoughts, decisions, attitudes, conduct, and character is derived.

Why should we guard our hearts?

We need to guard our hearts because:

1. Our hearts are vulnerable.
2. Our hearts are never as strong as we think they are!
3. Our hearts are deceptive.

1 Corinthians 10:12 (ESV)  
12 Therefore let anyone who thinks that he stands take heed lest he fall.

Proverbs 16:17 NASB 95  
He who watches his way preserves his life.

Jeremiah 17:9 (NLT)  
9 “The human heart is the most deceitful of all things, and desperately wicked. Who really knows how bad it is?

Confess

Treasure God’s Word-it withstands the ravages of time.

Saturate yourself in God’s Word.

Proverbs 7:3  
Write my words on the tablet of your heart.

Hear and obey God’s Word.

Let the community of God’s people strengthen you.

Take inventory of what your eyes see, and what your ears hear.

But the single best way to guard your heart, is to give your heart away!

Proverbs 23:26 (NIV)  
26 My son, give me your heart and let your eyes delight in my ways,

Repent

“Faith is the knowledge that whenever we try to foot the bill for our sin, we are crushed, but that nothing can crush the Lord. It is humility, not pride which lets God pay the whole shot.” - Mike Mason