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# CGROUP QUESTIONS

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**Open:** Share something that stressed you out or gave you fear/worry/anxiety that you can look back at now and laugh.

**Dig:** What is the difference between the fear of God and a spirit of fear? Share an example of each and how it plays out in your life.

What is your favorite Bible passage when personally dealing with fear or worry? Share how it has helped you.

Read Psalm 40:3 and Hebrews 11:7. How can a fear of God affect and impact others around us in a positive way?

**Reflect:** Take time this week to purposefully change your habits toward fear. When you get to a place of fear, instead of allowing it to take control of you, read God's Word for encouragement or comfort. (A few helpful verses are Joshua 1:9, Psalm 34:4, Isaiah 41:10, Matthew 6:25-34, Philippians 4:6-7, 1 Peter 5:6-7, and 2 Timothy 1:7. You probably can think of others, too.) Pray that the Lord would make His Word ring true in your life.